



# **Tickborne Disease Prevention Program**

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Ridgefield, Connecticut**

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# Community Prevention and Early Symptom Identification Program

- Based on science
- Health Belief Model
- Affordable
- Reproducible
- Easy to understand and remember
- Maximize marketing opportunities
- Make it fun

# Easy to remember acronym

**B**athe or shower soon after coming indoors  
**L**ook for ticks and remove with tweezers  
**A**pply repellents for skin and/or clothing  
**S**pray the perimeter of your yard for ticks  
**T**reat your pets

# Everyone in the community can be a Lymefighter

